## Searcher: Human Factors Practice Questions 4.2

## Answers indicated in bold...

4.2.1 As a team player a searcher ...

A. communicates clearly to team members and those in authority.

## B. takes direction and works with others.

C. responds to GSAR missions in a state of readiness, is willing to put in time training and maintains proficiencies.

D. clearly communicates limitations and abilities.

4.2.1 A searcher, who demonstrates commitment to GSAR, ...

A. communicates clearly to team members and those in authority.

B. takes direction and works with others.

# C. responds to GSAR missions in a state of readiness, is willing to put in time training and maintains proficiencies.

D. clearly communicates limitations and abilities.

4.2.1 A searcher who demonstrates accountability ...

A. communicates clearly to team members and those in authority.

B. takes direction and works with others.

C. responds to GSAR missions in a state of readiness, is willing to put in time training and maintains proficiencies.

# D. clearly communicates limitations and abilities.

4.2.1 A searcher needs to be able to communicate and so ...

# A. communicates clearly to team members and those in authority.

B. takes direction and works with others.

C. responds to GSAR missions in a state of readiness, is willing to put in time training and maintains proficiencies.

D. clearly communicates limitations and abilities.

4.2.1 A searcher who responded to a search wearing jeans and did not have a full search pack would not be demonstrating the personal qualities of

- A. Communication skills
- **B.** Professionalism
- C. Accountability
- D. both B and C.

4.2.2 In order to be ready for GSAR taskings in Nova Scotia, a searcher should

- A. Exercise regularly.
- B. Practice hiking in moderate conditions off trail with a full search pack.
- C. Participate in regular GSAR woods training to know his or her own limits and capabilities.
- D. All of the above.

4.2.2. In order to carry out a tasking in the woods a searcher should have

- A. at least 2 liters of water.
- B. be wearing non-cotton clothes.
- C. have sufficient food energy, eaten or with them, to allow for 3 to 5 five hours of vigorous activity.
- D. all of the above.

4.2.3 After a tasking where a team makes the find of a deceased person, individual searchers should

## A. take part in a critical stress debrief.

- B. shake it all off.
- C. not worry there is little stress in even major events for experienced SAR personnel.
- D. none of the above.

4.2.3. A searcher may experience symptoms of critical incident stress long after the event, while another may experience the same stress immediately.

#### A. True

B. False

4.2.3 There is more than one category of stress such as physical and behavioural.

## A. True

B. False

4.2.3 If a searcher has any signs of Critical Incident Stress, CIS, he or she should

- A. report it.
- B. seek the help of a mental health professional experienced with CIS treatment.

## C. both A and B.

D. none of the above.

4.2.4 A backpack with an internal frame, a sternum strap and a load bearing hip belt is a valuable piece of SAR equipment because

A. it looks cool.

B. it will carry a load well.

C. allow a searcher to move well in the woods and not to become fatigued as quickly

D. B and C

4.2.4 A searcher who is dressed in cotton clothing such as jeans or T-shirt in addition to his or her other clothes is in danger from hypothermia because

A. the cotton remains wet from sweat and will contribute the loss of body heat through conduction.

B. will not provide warmth when wet.

C. will not wick away moisture and so a searcher who is active and sweating will become chilled later in a tasking.

D. all of the above.

4.2.4 The role of a base layer or wool or synthetic long underwear or clothes is to

A. provide warmth.

B. wick away moisture and keep the searcher dry.

- C. provide protection from wind and moisture.
- D. be like armour under the clothes.

4.2.4 The role of a fleece top, a wool sweater, or a down jacket is to

## A. provide warmth as a layer of insulation.

- B. wick away moisture and keep the searcher dry.
- C. provide protection from wind and moisture.
- D. be like armour under the clothes.

4.2.4 The role of waterproof clothing such as gortex or pvc coatings is to

- A. provide warmth.
- B. wick away moisture and keep the searcher dry.
- C. provide protection from wind and moisture.
- D. be like armour under the clothes.

4.2.4 A SAR ready pack, carried by each searcher, should

A. be able to sustain a searcher for 24 hours in the woods in all conditions so he or she may be the S in SAR.

B. be able to sustain a lost person for 24 hours in the woods in all conditions as SAR is about the R.

C. contain only the minimum of gear so a searcher may move quickly through the woods as SAR is just about the S.

D. both A and B, for both S and R.

4.2.4 A SAR pack must contain all the equipment on the SAR list.

A. Yes, if the searcher knows that they may carry all the equipment due to practice and experience.

B. No, but a searcher must have the minimum amount of gear as outlined by WHGSAR and the Team Lead must be informed of this fact.

C. Yes, because even if the searcher is slowed and fatigued by the load then he or she will all the gear.

D. Both A and B and of course the tasking may also change the equipment list as well.

4.2.4 A SAR member who shows up to a tasking without the proper clothing or equipment may be removed from a tasking by the Safety Officer or the Team Lead and not permitted to search.

## A. True.

B. False.

4.2.4 A SAR member should be ready to have his or her pack inspected during training or before a tasking.

## A. True.

B. False.

4.2.5 The body may lose heat through which of the following methods?

A. conduction from sitting directly on cold ground.

- B. evaporation from wet skin or wet clothes.
- C. radiation as heat naturally escapes or leaves the body.
- D. convection as heat is pulled away from the body by moving air or wind.

E. all of the above.

4.2.5 Indicate which of the following is a way to **stop** heat loss or a way to **gain** body heat.

A. Remove wet clothes and put on dry clothes.	S
B. Put the subject in a rain coat.	S
C. Wrap the subject in a reflective blanket.	S
D. Putting the subject upon a foam seat pad off the ground.	S
E. Having the lost person walk around.	g
F. Placing warming packs on the cold subject.	g
G. Place the cold and wet subject under a shelter from the rain.	S
H. Have the cold person drink a warm liquid (not alcohol).	g
I. Feed the cold person.	g
J. Feed the lost person warm liquid jellow.	g
K. Put warm clothes on the cold person.	S

4.2.5 You cannot get hypothermia in the summer.

- A. True.
- B. False.

4.2.5 A searcher should search until the lost person is found.

# A. True, the best searchers never stop as the wellbeing of the lost person is number one.

B. False, all searchers need regular periods of rest to remain effective.

4.2.5 While on a search a searcher should do which of the following to remain effective?

- A. Drink water regularly, not just when feeling thirsty.
- B. Snack and rest from time to time to maintain energy levels.
- C. Attend to blisters and "hot spots" on feet before they become major problems.

D. All of the above.